

The St. Andrew's Xpress

February 2009

Dear People of Saint Andrew's,

We begin February with Annual Meeting, and I hope many people will come and participate. Beside a delicious brunch planned, there will be the business meeting to vote for Vestry openings and delegates to the Deanery and Convention, discussion of the budget, reports from all areas of parish life and "dreaming" together about "where do we go from here" into the future.

Secondly, I want to draw your attention to the work of the Altar Guild. Let me start off and ask how would it feel if you were invited to dinner and discovered that all the dishes on the table were dirty and the tablecloth and napkins soiled? That goes for church as well, and the fact is there is a team of very dedicated women who make sure you never have to deal with that. They clean the communion silver and they wash and iron the purificators and lavabos. The purificators are used to wipe the chalice, and the lavabo towels for drying the priest's hands after symbolic washing. There are the linens for the altar, the shining of brass and silver, the seasonal changes of liturgical colors on the altar frontals and markers at the lectern and much more. You usually never see them working. They are unsung heroes of the church, but they need more help. Men are welcome to become Altar Guild members, as well. I am hoping some of you will, if you listen, hear the voice of God calling you to be one of these quiet workers. Barbara Kamb and her dedicated team would love to hear from you, help you get the hang of it and feel the satisfaction of being

blessed to be a part of the maintenance of God's sanctuary.

February is Black History month. I'd like to share these words culled from the Martin Luther King, Jr.'s speech at the great March on Washington in 1963:

"I have the audacity to believe that peoples everywhere can have three meals a day for their bodies, education and culture for their minds and dignity, equality and freedom for their spirits. I believe that what self-centered men have torn down, men other-centered can build up.

"I still believe that one day mankind will bow before the altar of God and be crowned triumphant over war and bloodshed and nonviolent redemptive goodwill proclaimed the rule of the land. And the lion and the lamb shall lie down together, and every man shall sit under his own vine and fig tree, and none shall be afraid."

Finally, Lent begins at the end of February, and we are called to the forty days of increasing spiritual devotion before and leading to Easter. Plan now to make this a good Lent and be blessed because you take the time that will be open to you to seize that blessing.

Yours in God's love,

Fr. Alan

(The Reverend) Alan B. MacKillop

The St. Andrew's Xpress

A monthly Newsletter serving the
Central Massachusetts community

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THIS MONTH _____

in *The St. Andrew's Xpress*

LETTER

1 The Rev. Alan B. MacKillop

NEWS

4 Outreach News

5 Vestry Highlights

EVENTS

3 Lent

5 Diocesan Spring Event

5 Seder Supper

FEATURES

6 Defying the Butcher of Africa

OTHER

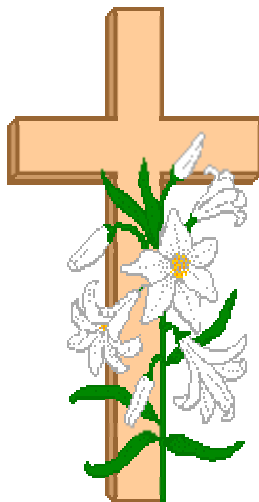
4 Foyers Reminder

4 Have You Noticed

8 Introducing: Cookbook Corner

NOTE: Remember to mark your calendar for the
March 2009 newsletter deadline:

Friday, February 13, 2009



Ash Wednesday

25 February
First Day of Lent

12 Noon: Penitential Office, Holy Eucharist and Imposition of Ashes
7:00 p.m.: Choral Penitential Office, Holy Eucharist and Imposition of Ashes

Wednesdays in Lent

6:00 p.m.: Soup Supper
7:00 p.m.: Book Study of Bishop Shaw's recently published book, "Conversations with Scripture"

*Father in Heaven,
the light of your truth bestows sight
to the darkness of sinful eyes.
May this season of repentance
bring us the blessing of Your forgiveness
and the gift of Your light.
Grant this through Christ our Lord.*

Outreach News

Habitat for Humanity

There are many single parents and families living in substandard apartments, trying to avoid homelessness. Together, we can build hope to partner with these hard-working families who are willing to put in hundreds of hours working alongside volunteers to build their own homes and then pay a low-cost, zero-interest mortgage. Their modest mortgage payments, added to generous gifts from organizations like St. Andrew's, help build more Habitat homes. These home-ownership opportunities can mean the difference between raising a child in a cramped, dilapidated apartment and a simple, decent Habitat for Humanity home. Habitat thanks St. Andrew's for its faithful support of the work being done in north central Massachusetts.

Episcopal Relief and Development

The citizens of Zimbabwe are enduring famine, economic collapse, political strife and the health hazards of malaria, HIV/AIDS and cholera. Not too long ago, Zimbabwe was the region's breadbasket but today, with the current political upheaval and inflation, four out of five citizens are unemployed and living in poverty, at risk of malnutrition and starvation.

An immediate solution provided by ERD was to create a school feeding program by helping import food from South Africa to give children a nutritious meal – usually their only meal of the day – to help them regain their strength. ERD also is continuing its NetsforLife program, which provides insecticide-treated bed nets to help ward off the deadly malaria-bearing insects.

The most impressive aspect of this work remains the refusal of Zimbabweans to succumb to despair even as they face unimaginable hardship. Their strength of spirit puts the pieces in place for a remarkable turnaround as soon as greater assistance and political change can take place.

Refugee Immigration Ministry (RIM)

Resources for the Diocesan Mission Strategy include: inviting sponsors to reach out to uprooted peoples and learn about their experiences and culture; forming and training clusters to share in their mutual, interfaith ministry; sending Spiritual Care Giver's Training prepares hundreds of individuals to reach out effectively to victims of torture and dislocation.

RIM translates compassion and mercy into direct action, and has an ongoing program for volunteers and clients response teams. RIM's website is www.r-i-m.net. They may be reached to learn more about them and to volunteer to help. They may be reached at information.rim@verizon.net or by telephone at (781) 322-1011.

Foyers Reminder

With all this terrible weather, it's possible (probable?) that your Foyer Group has not had the opportunity to meet in the month of January. Please think about what your group can do and, if possible, take the initiative to set something up for February at least as we change groups again in March. Please remember that this does not need to be held at your house or, indeed, anyone's house. A simple cheap meeting at a diner or sandwich place, a gathering at a gallery or attending a film together can be lots of fun, and far less stressful! Call me, please, if you need any more ideas – Erica Scattergood

HAVE YOU NOTICED the large calendar in the Peabody Room, which has all upcoming events and services on it, three months at a time? The Communications Committee has put this up so everyone can see what's in the works and especially if an event is being planned, so there will not be any conflicting dates! Linda Kaferle has faithfully been updating this calendar so be sure and have a look at it next time you're at church. And, thanks, Linda!

Vestry Highlights

Welcome to Louise Rogers (appointed by the Vestry to fill Dwight Harshbarger's Vestry position until Annual Meeting).

The Korean Congregation has agreed to pay \$100 per month starting in January. Their hope is to increase that amount at the time of their contract renewal in March.

Joint Search Committee/Vestry Retreat to be held Friday, January 23rd and Saturday, January 24th to be facilitated by Rev. Cynthia Hubbard and Carol Kingston (Search Committee facilitator).

Christian Formation Report (Yvette Nasworthy) stated that Sunday School has continued as usual although attendance has been low. The issue of whether to continue Sunday School in the Rectory or move back to the Parish Hall has come up and will be revisited in the Spring.

The Audit Committee asked for a motion regarding the parsonage allowance resolution as required by the diocese, which was unanimously passed stating that if the priest at St. Andrew's does not wish to live in the Rectory, that we set aside up to \$30,000 as a housing allowance.

Nicola Barlow e-mailed a request to the Vestry asking that we hire an additional adult caregiver for the nursery on Sundays since volunteers are not always available. According to our Safe Church Policy, we should have two adults present at all times when children are in the nursery. Motion unanimously passed to authorize Kim Lindo to hire an additional daycare provider if she feels there is a need.

Sue Hildreth, Treasurer, reported that we ended the year in the black. She also presented a first draft of the 2009 budget. The Stewardship Campaign results will be received from John Ott soon.

Diocesan Spring Event

The Diocesan Spring Learning Event takes place on Saturday, 7 March at the

Sherman Union at Boston University. Guest speaker Brian McLaren is a noted international speaker and a leading voice in the emergent church movement, listed by *Time* as one of America's 25 most influential evangelicals. McLaren has an avid following and this event will be open to the public. More details and online registration will be posted at www.diomass.org as they become available.

SEDER SUPPER

For the many years that we attended Trinity Chapel in Shirley, we enjoyed taking part in their annual Seder supper, the meal that constitutes so important a part of the holiday of Passover. As you all know, it was this traditional meal that Christ himself celebrated at what we call the "Last Supper." The symbolic parts of the meal come from the Old Testament story of the Exodus as Moses led the Hebrews out of Egyptian bondage.

Some of us have never had the pleasure of participating in this moving tradition, but it is a wonderful way both to learn more about another faith as well as to appreciate our own in a new way. It is a real treat to take part in this lovely celebration.

If enough people are interested, I would try to work with a friend who may be able to lead us through the process of this important celebration. It is a good time for families as well as adults, and one of the best parts of the meal is a treasure hunt for the youngsters. This year, we would hold this in April to coincide with the later occurrence of Passover. If this idea interests you, please let me know at (978)448-8030 or ericascattergood@charter.net.

Just a few reminders ...

Man's way leads to a hopeless end. God's way leads to an endless hope.

We don't change God's message. His message changes us.

From the Editor

Defying the Butcher of Africa



Archbishop Janani Luwum

Tuesday, 17 February, commemorates the thirty-second anniversary of the martyrdom of Janani Luwum, Archbishop of Uganda. This is an inspirational story that defines the true meaning of courage, a profile of a modern-day martyr who knowingly and willingly gave his life for faith and love of Jesus Christ.

The exact date of his birth in 1922 is not known, but Janani Jakaliya Luwum was born to impoverished parents, who lived at Mucwini in East Acholi, northern Uganda, about 40 miles south of the Sudan border. He spent most of his early childhood and youth tending to his father's herd of sheep, goats and cattle. During the rainy season, the fertile land surrounding the family's thatched hut was cultivated for millet and groundnut fields, which provided the food needed to sustain their lives.

Janani was inspired by the music of the local Acholi people and loved to participate in their traditional, tribal dance. He was also a musician, excelling in the drum and the lukeme, a wooden board with staggered metal keys often inserted into a gourd for resonance and frequently referred to as a finger xylophone.

Janani's father, Eliya Okello, was a devout Christian, devoting his life as a church teacher. But the pay was low and money was scarce. By the time Janani was ten years-old, his father was finally able to scrape together enough Ugandan shillings to provide his son an

education. After finishing primary school, he gladly walked the 80 miles at the beginning and end of each term to attend Gulu High School.

As he approached his late teen years, Janani had acquired a reputation as a serious learner and was beginning to demonstrate qualities of leadership. His family had looked forward to the day he would be named the tribal chief, but Janani was inclined to follow a different path. He entered the missionary institution, Boroboro Teachers' Training College, where he was honored with the highest grade in practical teaching. After graduation in 1942, Janani was appointed to a primary school in East Acholi as an instructor.

As if struck by a bolt of lightning, Janani experienced a life-altering experience when, in 1948, he heard the preaching of Yusto Otunno and his wife, Josephine, who had come to establish a missionary in the Acholi village. They were evangelists and members of the *balokole*, the saved ones, which was part of the East African revival movement. Janani confessed Jesus Christ as his Lord and instantly converted to Christianity. After asking Yusto and Josephine to pray for him, he turned to the audience and declared, "Today I have become a leader in Christ's army. I am prepared to die in the army of Jesus. As Jesus shed his blood for the people, if it is God's will, I will do the same."

Some time before leaving Acholi in 1949 to enter Buwalasi Theological College in eastern Uganda, Janani had met and married his wife, Mary Lawinyo. Overlooking the spectacular view of Mount Elgon, they found Buwalasi to be one of the most beautiful places they had ever seen. But by the end of 1950 Mary, having bore their second child, was anxious to leave the cold climate, so they returned home to the savannah plains of the Acholi district, where Janani became attached to St. Philip's Church in Gulu. That same year Bishop Usher Wilson of the Upper Nile Diocese--which included the district of Acholi--sent Janani back to Buwalasi for another three

years to complete courses for ordination. He was ordained a priest in 1954. He left to study for a year at St. Augustine's College, Canterbury, England before returning to Uganda as a parish priest and instructor at Buwalasi Theological College, but he would make a second trip to England to study at the London College of Divinity. He was consecrated Bishop of Northern Uganda at Pece Stadium in Gulu in 1969. Among the congregation were the President of Uganda, Milton Obote, and the Chief of Staff of the Army, Idi Amin.

It was a time of frightening turbulence: there was tension between Church and state and the political scene in Uganda was filled with terror. General Idi Amin's struggle for power culminated in 1971 with numerous political assassinations and a coup d'état, overthrowing President Obote. Taking control of the government, Amin ruled by intimidation, corruption and mass murder. The atrocities against supposed and actual non-supporters were beyond a democratic society's wildest imagination. Most of the world was in shock.

The district of Acholi was one of Amin's primary targets. Its soldiers were being slaughtered, its houses pillaged and burned to the ground. Adherents of deposed President Obote were being shot, brutally tortured and thrown into prison. In the midst of this devastating turmoil, Janani Luwun was elected Archbishop of Uganda, Rwanda, Burundi and Boga-Zaire in 1974. Over the next five years, he made effective strides in overcoming some of the strained relations between the Church of Uganda and the Catholic Church. He opened the doors of cooperation with political groups and non-Christians in Uganda, with different Balokole groups and other denominations. Janani's reputation as a man of God, his love of mankind and his commitment of forgiveness was taking on widespread jubilation by followers throughout the province. He was also a leader in criticizing the despicable brutality of the Amin regime and was rapidly losing ground with the President, "the butcher of Africa."

On 10 February 1977, Janani Luwun met with Amin to deliver a formal statement, signed by nearly all the bishops of Uganda, protesting acts of violence and the massacre and disappearance of hundreds of thousands of Ugandan people. President Amin rebuffed the Archbishop, accused him of treason, and had him and two Christian cabinet members arrested and held for a military tribunal.

Shortly before being killed, Archbishop Luwun prayed with the other prisoners, and with an affirmation of faith he said his last words to the bishops, "Don't be afraid. I see God's hand in this."

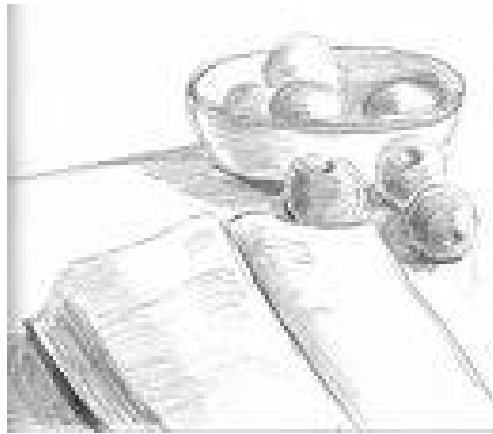
On Wednesday, 16 February, the two cabinet members along with Archbishop Luwun were thrown into a Land Rover, never to be seen again. An eyewitness to the horrifying incident stated, "The archbishop was pushed, punched, kicked, and the golden cross he wore around his neck was taken off. They slung it onto the floor, trampling angrily on it with their army boots. Then they picked it up and hit the wall with incredible emotion, while shouting abuse against Christianity."

Radio Uganda reported that the Archbishop and two cabinet ministers had been killed on the way to an interrogation center. In an attempt to escape, according to the government sanctioned broadcast, they had tried to overpower the driver, causing the car to fatally collide with another vehicle.

When the Archbishop's body was released to his widow, Mary, and their nine children, they found his body had been riddled with bullets, one through the mouth and at least three in his chest. Later, testimony by witnesses confirmed that the three had been beaten and shot, with Idi Amin pulling the trigger.

Archbishop Janani Luwun is buried at his home village of Mucwini. He is recognized as a martyr by the Church of England and his statue, along with the statue of Martin Luther King, Jr., stands among the ten Twentieth Century Martyrs above the Great West Door of Westminster Abbey, London, England.

Introducing:
Cookbook Corner



Back in 1992, St. Andrew's published a wonderful cookbook in honor of the centennial of the church. Some of us have been talking about the possibility of updating and republishing this book so that those of us who are new to the church may enjoy the recipes and even contribute to a new version. Just to whet our appetites, we will be including some of the recipes from this book in each of the upcoming XPress issues, space permitting. Watch for some delicious contributions from some of our favorite people! And if you want to be part of this new project – not a fundraiser, by the way – please contact Erica Scattergood at (978) 448-8030 or ericascattergood@charter.net.

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HERMITS

¾ C. Butter	2 ¼ C. Flour
1 C. Sugar	¾ Tsp. Ginger
1 Egg	1 Tsp. Cinnamon
¼ C. Molasses	¾ Tsp. Cloves
2 Tsp. Baking Soda	½ - 1 C. Raisins

Mix butter, sugar, egg and molasses together well. Stir in remaining ingredients. Mix in raisins last. Using two ungreased cookie sheets, shape into strips and press down. Bake in a 350 degree oven for 10-13 minutes. Remove from oven and cut when cool. Do not over bake.

~ Priscilla Andrews

St. Andrew's Episcopal Church

February 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1.</p> <p>8:00 am HEI 10:00 am HEII Annual Meeting after 10:00 am Service 1:00 pm Bethel Korean Service</p>	<p>2.</p> <p>9:30 am Bible Study Ground Hog Day</p> 	<p>3.</p>	<p>4.</p> <p>Noonday Office with Healing Prayers 6:30 pm Boy Scouts Leaders</p>	<p>5.</p> <p>6:30 pm AA 7:00 pm Choir Rehearsal</p>	<p>6.</p>	<p>7.</p>
<p>8.</p> <p>8:00 am HEI 10:00 am HEII 1:00 pm Bethel Korean Service</p>	<p>9.</p> <p>9:30 am Bible Study</p>	<p>10.</p>	<p>11.</p> <p>Noonday Office with Healing Prayers 6:30 pm Boy Scouts</p>	<p>12.</p> <p>6:30 pm AA 7:00 pm Choir Rehearsal</p>	<p>13.</p> <p>Xpress Deadline</p>	<p>14.</p> <p>St. Valentine's Day</p> 
<p>15.</p> <p>8:00 am HEI 10:00 am HEII 1:00 pm Bethel Korean Service</p>	<p>16.</p> <p>9:30 am Bible Study Office Closed President's Day</p> 	<p>17.</p> <p>7:30 pm Vestry Meeting</p>	<p>18.</p> <p>12:00 noon HE with Healing Prayers</p>	<p>19.</p> <p>6:30 pm AA 7:00 pm Choir Rehearsal</p>	<p>20.</p>	<p>21.</p>
<p>22.</p> <p>8:00 am HEI 10:00 am HEII 1:00 pm Bethel Korean Service</p>	<p>23.</p> <p>9:30 am Bible Study</p>	<p>24.</p> <p>6:00 pm Shrove Tuesday Pancake Supper</p> 	<p>25.</p> <p>12:00 noon and 7:00 pm Ash Wednesday Imposition of Ashes</p>	<p>26.</p> <p>6:30 pm AA 7:00 pm Choir Rehearsal</p>	<p>27.</p>	<p>28.</p>

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Expressing Faith, Community, and Love

The St. Andrew's Xpress is a monthly newsletter for the St. Andrew's parish family and friends. Comments, suggestions, and photographs are welcome. If you no longer wish to receive the newsletter, please check the box.